

Adoption Savvy

Online Group via
Zoom available,
contact us for
details!

Birth Mothers In Person Support Group

Second Monday Each Month

6pm-7:30pm*

*Group dates & times subject to change

You are not alone! Most Birth Mothers report they have never met another Birth Mother let alone had the experience of being with a group of other women who completely **"get it"** and understand their unique experiences & feelings.

Come join us in a safe, comfortable, and welcoming environment and receive invaluable **support, education, & resources** for the journey.

For more info, go to: www.adoptionsavvy.com

\$60 per group - cost may be covered by agency, scholarships available for financial need

RSVP required for all groups
at amy@adoptionsavvy.com

Seattle Location

1501 N 200th St

Suite 105

Shoreline, WA 98133



Amy Barker D'Alessandro, LMHC, Co-Facilitator

Hi! I'm a licensed Adoption & Trauma Therapist working with all ages & members of the adoption community. I'm also an Adult Adoptee in longterm reunion and a Birth Mother of a grown son. I have extensive experience personally & professionally navigating the many complexities created by adoption, and I love seeing the power of Birth Mothers being together!

Jennifer Joy Keener, LSWAIC, MHP, Co-Facilitator

Hi! I'm a Clinical Social Worker & Mental Health Professional in the State of Washington. I specialize in working with individuals impacted by adoption, foster care, & trauma. I'm also the Birth Mom of a teenage daughter in an open adoption. My passion is to bring hope & healing to the Birth Parent community.

