



# *Adoption Savvy*

## **Adult Adoptee Groups**

**Seattle Location**  
10550 Lake City Way NE  
Suite E  
Seattle, WA 98125

**Tacoma Location**  
6512 20th St Ct W  
Suite B2  
Fircrest, WA 98466

### **We Talk About What Matters to You:**

- Identity & Sense of Self
- Intimacy & Relationships
- Ambiguous Loss
- Disenfranchised Grief
- Abandonment & Rejection
- Transracial Issues
- Split Family Loyalties
- Search & Reunion Aftermath
- Decision Making Struggles
- Birthday Ambivalence
- Much more...

### ***YOUR VOICE MATTERS!***

In a supportive, non-threatening environment, come meet others who "**get it,**" who understand your experiences & feelings as an Adult Adoptee. While discussing relevant adoptee-related topics, you'll receive valuable **support, education, & resources** for the journey. Come join us, and find a place where you belong!

Cost may be covered by insurance.  
Contact Amy for more details at  
**[amy@adoptionsavvy.com](mailto:amy@adoptionsavvy.com)**



### **Amy Barker D'Alessandro, LMHC, Group Facilitator**

Hi! I'm a fully-licensed Adoption & Trauma Therapist, and I work with all ages & members of the adoption community. I'm also an Adult Adoptee in longterm reunion and a Birth Mother of a grown son. I have extensive experience personally & professionally navigating the many complexities created by adoption, and I love seeing the power of Adoptees together!

**For more info, go to: [www.adoptionsavvy.com](http://www.adoptionsavvy.com)**

#### **Seattle Adult Adoptee Group**

First Thursday of the Month\*  
7pm-8:30pm

#### **Tacoma Adult Adoptee Group**

Second Tuesday of the Month\*  
7pm-8:30pm

\*Dates & times are subject to change. **RSVP required** for all groups.  
**RSVP to [amy@adoptionsavvy.com](mailto:amy@adoptionsavvy.com)** or call (206) 661-2566.